

INTERACTIVE EXERCISE IV

Training Topic 6: Delivering HIV Health Promotion Messages Related to Lifestyle Interventions

Case Study 6 is a 47-year-old incarcerated Asian man, with a history of injection heroin use and is poorly linked to HIV medical services. He has had multiple previous ARV regimens and has not been consistently taking his ART prior to incarceration, but has been engaged in education and counseling in prison. His current CD4 count is 175 cells/mm³, and his HIV RNA level is 35,000 copies/mL.

Give your patient a name:

Add other relevant patient characteristics:

Describe the top 3 concerns that you immediately think of when meeting this patient for the first time.

- 1.
- 2.
- 3.

Please list the questions that you would ask this patient to determine his potential to adhere to his ARV regimen.

- 1.
- 2.
- 3.
- 4.
- 5.

Please list your “best practices” for peer educator-patient communication regarding:

Substance Use:

Adherence:

Engagement in Care:

Health Promotion:

What specific tools and resources do you think this patient would benefit from in order to achieve greater adherence?