

INTERACTIVE EXERCISE IV

Training Topic 5: Managing Side Effects and Toxicities Associated with ART

Case Study 5 is an 18-year-old Caucasian gay man, has suppressed HIV RNA on a new second-line ARV regimen, reports having had difficulty adhering to his first ARV regimen because of side effects, and had virologic failure with drug resistant HIV. He has a history of bipolar disorder. He is alternately homeless and marginally housed, based on his ability to secure an odd job.

Give your patient a name:

Add other relevant patient characteristics:

Describe the top 3 concerns that you immediately think of when meeting this patient for the first time.

1.

2.

3.

Please list the questions that you would ask this patient to determine his potential to continue adhering to his ARV regimen.

1.

2.

3.

4.

5.

Please list your "best practices" for peer educator-patient communication regarding:

Adherence:

Side Effects:

Mental Health:

Quality of Life:

What specific tools and resources do you think this patient would benefit from in order to achieve greater adherence?