

INTERACTIVE EXERCISE IV

Training Topic 4: Understanding the Nexus between HIV Clinical and Psychosocial Management

Case Study 4 is a 35-year-old heterosexual Latino woman who presents for care. She has had multiple previous HIV care providers. The patient reports feeling isolated and without family or social support; she has a depressed mood and a high level of stress about her finances and relationship issues. The patient has three children, all HIV negative. She reports feeling fatigued and has lost 15 pounds. She is currently experiencing virologic failure on her second ARV regimen.

Give your patient a name:

Add other relevant patient characteristics:

Describe the top 3 concerns that you immediately think of when meeting this patient for the first time.

- 1.
- 2.
- 3.

Please list the questions that you would ask this patient to determine her readiness for switching and adhering to a new ARV regimen.

- 1.
- 2.
- 3.
- 4.
- 5.

Please list your “best practices” for peer educator-patient communication regarding:

Patient-Provider Communication:

Adherence:

Mental Health:

Side Effects:

What specific tools and resources do you think this patient would benefit from in order to achieve greater adherence?