

INTERACTIVE EXERCISE IV

Training Topic 1: Initiation of and Retention in HIV Care

Case Study 1 is a 23-year-old African-American female. She received a diagnosis of HIV at 19 years old. She has declined to initiate treatment to date, but she is now beginning to consider ART. She will be getting married in the near future and may want to start a family “at some point in the next few years.” She currently takes birth control pills to prevent pregnancy, and her partner uses condoms.

Give your patient a name:

Add other relevant patient characteristics:

Describe the top 3 concerns that you immediately think of when meeting this patient for the first time.

1.

2.

3.

Please list the questions that you would ask this patient to determine her readiness for initiating ART and her potential to adhere to her ARV regimen.

1.

2.

3.

4.

5.

Please list your “best practices” for peer educator-patient communication regarding:

ART Initiation:

Adherence:

Family Planning:

Health Promotion:

What specific tools and resources do you think this patient would benefit from in order to achieve greater adherence?