



National Minority AIDS Council & National Treatment Education Think Tank

## Opportunities to Resource Treatment Education through ACA and Medicaid Expansion

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## **Presentation Agenda**

- ACA and Consumer Assistance
- Traditional Role of Treatment Education and Patient Navigation
- New Opportunities and New Delivery Methods
- Ryan White Providers and Treatment Education and Patient Navigation in light of ACA





## Affordable Care Act & Consumer Assistance







### (ACA §1002) Consumer Assistance Program

- Affordable Care Act establishes grants for states and territories to start or strengthen Consumer Assistance Programs (CAP's)
- They are intended to help states expand efforts to:
  - Help consumers enroll in health coverage;
  - Help consumers file complaints and appeals against health plans;
  - Educate consumers about their rights and empower them to take action; and
  - Track consumer complaints to identify problems and strengthen enforcement
- Eligible applicants include: state insurance departments, state attorneys general offices, independent state consumer assistance agencies, or other state agencies. States and territories may also partner with non-profit organizations that have a track record of working with consumers
  - To see what states are doing with CAP grants visit: <u>http://cciio.cms.gov/Archive/Grants/cap-grants-states.html</u>





#### Who are they? Navigator Program (ACA §1311)

- An Exchange shall establish a program under which it awards grants to "Navigators"
- Must select at least two different types of entities as Navigators, one of which must be a community and consumer-focused nonprofit group
- Eligible entities must demonstrate existing relationship or could readily establish relationships with consumers





# Duties of Navigators **Navigator Program**

- Maintain expertise in eligibility, enrollment, and program specifications and conduct public education activities to raise awareness about the Marketplace
- Provide unbiased and impartial information to consumers about health insurance, the Marketplace, premium tax credits and cost-sharing reductions, qualified health plans (QHP's), and public programs including Medicaid and CHIP
- Facilitate selection of a QHP by providing impartial information to assist consumers with submitting the eligibility application, clarify distinctions among QHP's, and help individuals make informed decisions during plan selection process
  - **CANNOT** make eligibility determinations
  - CANNOT select QHP for applicant
  - CANNOT enroll applicant into QHP
  - **CANNOT** steer individuals to particular issuers, plans, or policies





## Duties Navigator Program

- Provide referrals to an office of health insurance consumer assistance or ombudsman, or any other appropriate state agencies, for any enrollee with a grievance, complaint, or question regarding their health plan
- Provide information in a manner that is culturally and linguistically appropriate to the needs of the population served by the Exchange
- Must be capable of providing language assistance in timely manner, including through use of toll-free Marketplace language line





#### **In-Person Assistor Program** (IAP) State Based Federally

State Partnership

Exchange

Marketplaces are required to provide consumer assistance, outreach and ٠ education that is separate and functionally distinct from the Navigator Program

Facilitated

Exchange

- "In-Person Assistor" Duties •
  - supporting consumers in filing an application, ٠

Exchange

- obtaining an eligibility determination, ٠
- reporting a change in status. ٠
- comparing coverage options, and ٠
- Facilitating QHP selections ٠





## In-Person Assistors vs. Navigators

| In-Person Assistor   | Navigator  |
|--|--|
| Serve <b>short-term</b> basis during peak periods such as open enrollment            | Conduct work on a <b>year round</b> basis and develop sustained relationships with consumers |
| Program may be built through contracts or direct hiring and other funding mechanisms | Statutorily required to be a grant program   |
| May be funded using Section 1311<br>Exchange Establishment Grant funds               | May <b>not</b> be funded by 1311 Exchange Establishment Grant funds                          |





## Certified Application Counselors (proposed 155.225)

 Medicaid Eligibility II NPRM issued on January 22, 2013 proposed requiring Marketplaces to certify staff and volunteers of Exchange and Medicaid/CHIP agencies to act as application counselors

#### • Proposed duties include:

- Providing information about health insurance coverage options including premium tax credits and cost-sharing reductions
- Assist individuals in applying for coverage in QHP and for insurance affordability programs
- Facilitate enrollment of eligible individuals into QHP or other program





## **New Opportunities**

- There will be a major role for providers and patient groups to increase awareness among our populations about their options. This will include:
  - Who is eligible for what (& who's not)
  - Timelines
  - How to enroll
  - Issues to consider when selecting a plan





# **New Opportunities (cont.)**

- Understand how health insurance works (i.e. premium, deductible, co-pay, etc).
- Make a list of consumer questions to ask:
  - Can I stay with my current doctor?
  - Are my prescriptions covered?
  - Are there providers close to where I live?
- Collect information on household income and set a budget





#### Hybrid Model of Treatment Education, Health and Insurance Literacy and Patient Navigation

- ACA Definition of Navigator and In-Person Assistors different from our traditional work
- New payer mix and emerging needs require re-thinking traditional model of navigation and assistance
- Become an Essential Community Provider NOW March 27, 2013 Letter
- HRSA encouraged grantee and planning bodies to re-think Ryan White service categories used for outreach, enrollment and benefits counseling in light of ACA





## **Additional Resources**

- Target Center Tools for Ryan White Community
  - <u>https://careacttarget.org/library/affordable-care-act-and-ryan-white-program-learning-modules</u>
- HIV AIDS Bureau Website
  - www.HAB.HRSA.gov
  - <u>www.Healthcare.gov</u>