Training Topic 2: Promoting ART Adherence and Avoiding Drug Resistance

Case Study 2 is a 57-year-old gay Latino man with history of hepatitis C virus (HCV) infection and is recently diagnosed HIV positive. He has a history of diabetes and hypertension; he is a former tobacco smoker. His current CD4 count is 225 cells/mm³, and HIV RNA level is 175,000 copies/ml. He has high cholesterol and his weight is 255 pounds.

Give your patient a name: _____

Add other relevant patient characteristics: _____

_____

_____

Describe the top 3 concerns that you immediately think of when meeting this patient for the first time.

1.

2.

3.

Please list the questions that you would ask this patient to determine his readiness for initiating ART and his potential to adhere to his ARV regimen.

1.

2.

3.

4.

5.

Please list your "best practices" for peer educator-patient communication regarding:

ART Initiation:

Adherence:

Co-morbidities:

Health Promotion:

What specific tools and resources do you think this patient would benefit from in order to achieve greater adherence?